


Physical therapy provides downstream cost savings by helping patients with osteoarthritis of the knee avoid invasive steroid injections and surgery.

Support policies that expand access to care and coverage for physical therapist treatment of osteoarthritis of the knee.



Choosing physical therapy over steroid injections to treat osteoarthritis of the knee results in an average net benefit of

\$13,981

including all the hidden costs of a patient's time, pain, and missed life events; and the dollars paid for the services.

Physical therapy also provides patients with:

Knowledge to reduce the risk of opioid addiction.

Downstream cost savings by avoiding invasive steroid injections and surgery.

Long-term benefits of increased mobility, balance, strength, and flexibility, ultimately contributing to better health and lower risk of having conditions that could require additional health care services down the road.

Learn more about the economic value of physical therapy at ValueofPT.com

