


Physical therapy helps alleviate unnecessary medical costs and potential complications from surgery for patients with carpal tunnel syndrome.

Support policies that expand access to care and coverage for physical therapist treatment of carpal tunnel syndrome.



Choosing physical therapy over surgery to treat carpal tunnel syndrome results in an average net benefit of

\$39,533

including all the hidden costs of a patient's time, pain, and missed life events; and the dollars paid for the services.

Physical therapy also helps patients:

Avoid unnecessary medical costs.

Increase hand and wrist strength while improving long-term function, ultimately contributing to better health.

Reduce risks of having complications that require health care services down the road.

Learn more about the economic value of physical therapy at [ValueofPT.com](https://www.valueofpt.com)

